

February 2020

Background/Biography

## Marilyn Heins, MD

Marilyn Heins graduated from Radcliffe College (now part of Harvard University) and received her MD degree from the College of Physicians and Surgeons, Columbia University. She interned in pediatrics at New York Hospital and completed a residency in pediatrics at Babies Hospital in New York. Marilyn served as Director of Pediatrics at Detroit Receiving Hospital and Director of Project RESCAD, a federally funded program to provide comprehensive health services for medically indigent children. She was the associate Dean for Student Affairs at Wayne State University School of Medicine and Vice Dean and Professor of Pediatrics at the University of Arizona College of Medicine. Marilyn was a member of the Editorial Board of the Journal of the American Medical Association, served on the National Board of Medical Examiners, chaired the Committee on Medical Education of the American Hospital Association, and served as the first woman Chair of the Group on Student Affairs of the Association of American Medical Colleges. She has been active in many professional and community organizations focusing on women and children's health, parenting education, and women's issues.

Her special interests in pediatrics include helping parents and teaching health professionals how to help parents. She published 58 scientific papers and is the co-author of 'Child Care/Parent Care,' Doubleday, 1987, a comprehensive book on child care focusing on the needs of the parents as well as those of the child. Her book, 'ParentTips for Effective, Enjoyable Parenting' was published in 1999. Marilyn was the producer and host of a weekly call-in radio program called The Parenting Show, which aired on KNST, Tucson's leading talk radio station, for two years. She has written over 1,100 parenting columns for the Arizona Daily Star and continues to write.

She met her husband, a veterinarian, Dr. Milton Lipson, while on vacation in Jamaica. They moved to Tucson in 1979. They were married for 47 years until his death in 2007.

Marilyn's daughter is a Clinical Professor of Psychiatry, Emeritus, at the University of Michigan Medical School, and the mother of twins. Marilyn's son is a musician, audio engineer, and producer. She also three grandchildren, two stepsons, and three step-grandsons.

Seven years ago a friend introduced Marilyn to Dr. Milt Francis, a recent widower. The two have been together ever since.

Marilyn served on the National Board of Medical Examiners, chaired the Committee on Medical Education of the American Hospital Association, and served as the first woman Chair of the Group on Student Affairs of the Association of American Medical Colleges.

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**Background:** Marilyn was born on September 7, 1930, in Boston, MA. Daughter of Harold and Esther (Berow) Heins.

**Education:** AB, Radcliffe College (now part of Harvard University), Cambridge, MA, 1951. Doctor of Medicine, Columbia University, New York City, 1955.

**Achievements:** Marilyn has been listed as a notable college dean, pediatrics educator, author by Marquis Who's Who.

**Memberships:** Board director Planned Parenthood Southern Arizona, 1983, president, 1988-1989, Arizona Center for Clinical Management, National Board Medical Examiners, 1983-1988. Member of board of Southern Arizona Women's Fund, since 1992.

(Sources: University of Arizona, Women's Plaza of Honor; Arizona Jewish Life; Tucson Life; Prabook.com)

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